

RIANA ELYSE ANDERSON, PHD

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EDUCATION

Ph.D. in Clinical Psychology and Community Psychology (Educational Psychology Fellow), August 2015

University of Virginia - Department of Psychology

Dissertation: *And Still WE Rise: Poverty Risk, Parent-Child Relationships, and Child Academic, Psychosocial, and Socioemotional Indicators of School Readiness in Urban Black Families*

Co-Chairs: Nancy Deutsch and Melvin Wilson; Committee: Joseph Allen, Noelle Hurd, and Joanna Lee Williams

Predocloral Clinical and Community Psychology Internship, June 2015

Yale University School of Medicine - Department of Psychiatry

M.A. in Psychology, December 2011

University of Virginia - Department of Psychology

Thesis: *Demographic Influences on Parenting in Low-Income Families*

Chair: Melvin Wilson; Second Reader: Joseph Allen

B.A. in Psychology and Political Science, April 2006

University of Michigan - Literature, Science, and the Arts

ACADEMIC APPOINTMENTS

Assistant Professor, August 2018-present

University of Michigan - School of Public Health: Department of Health Behavior & Health Education

Assistant Professor, August 2017-August 2018

University of Southern California - Suzanne Dworak-Peck School of Social Work: Department of Children, Youth, and Families; Keck School of Medicine: Department of Preventive Medicine

Postdoctoral Fellow, August 2015-July 2017

University of Pennsylvania - Graduate School of Education: Applied Psychology & Human Development Division
The Racial Empowerment Collaborative

Mentor: Dr. Howard C. Stevenson

PUBLICATIONS

Refereed Journal Articles

Anderson, R. E., McKenny, M., & Stevenson, H. (accepted; special issue). EMBRace: Developing a racial socialization intervention to reduce racial stress and enhance racial coping with Black parents and adolescents. *Family Process; Special Issue on Social Justice and Family and Couples Therapy*.

Anderson, R. E. & Stevenson, H. (accepted). RECASTing racial stress and trauma: Theorizing the healing potential of racial socialization in African American families. *American Psychologist; Special Issue on Racial Trauma and Healing: Theory, Research, and Public Policy*.

Anderson, R. E., Jones, S. C. T., Anyiwo, N., McKenny, M., & Gaylord-Harden, N. (online). What's race got to do with it? The contribution of racial socialization to Black adolescent coping. *Journal of Research on Adolescence*.

Metzger, I., Salami, T., Carter, S., Halliday-Boykins, C., **Anderson, R.,** Jernigan, M., & Ritchwood, T. (online). Experiences with racial discrimination and drinking habits: The moderating roles of perceived stress for African American emerging adults. *Journal of Cultural Diversity & Ethnic Minority Psychology*.

Anderson, R. E., Jones, S. C. T., Navarro, C., McKenny, M., & Stevenson, H. (2018). Addressing the mental health needs of vulnerable Black youth: Solutions from a case in the EMBRace intervention. *International Journal of Environmental Research and Public Health, 15*(5).

- Anderson, R. E.** (2018). And Still WE Rise: Parent-child relationships and child school readiness in urban Black families. *Journal of Family Psychology, 32*, 60-70.
- Anderson, R. E.,** McKenny, M., Mitchell, A., Koku, L., & Stevenson, H. (2018). EMBRacing racial stress and trauma: Preliminary feasibility and coping outcomes of a racial socialization intervention. *Journal of Black Psychology, 44*, 25-46.
- Smith-Bynum, M.A., **Anderson, R.E.,** Davis, B.L., Franco, M.G., & English, D. (2016). Racial coping and dyadic warmth in African American mothers and adolescents: An observational study of family processes. *Child Development, 87*, 1926-1939
- Anderson, R. E.** (2015). Focusing on family: Parent-child relationships and school readiness among economically impoverished Black children. *The Journal of Negro Education, 84*, 442-456.
- Anderson, R. E.,** Hussain, S., Wilson, M., Shaw, D., Dishion, T., & Williams, J. (2015). Pathways to pain: Racial discrimination and relations between parental functioning and child psychosocial well-being. *Journal of Black Psychology, 41*, 491-512.
- Williams, J. L., **Anderson, R. E.,** Francois, A. G., Hussain, S., & Tolan, P. H. (2014). Ethnic identity and positive youth development in adolescent males: A culturally integrated approach. *Applied Developmental Science, 18*, 110-122.
- Williams, J. L., Tolan, P. H., Durkee, M. I., Francois, A. G., & **Anderson, R. E.** (2012). Integrating racial and ethnic identity research into developmental understanding of adolescents. *Child Development Perspectives; Special Section on Positive Development in Minority Children, 6*, 1-8.
- Hill, J. L., Mance, G. A., **Anderson, R. E.,** & Smith, E. P. (2012). The role of ethnic identity in interventions to promote positive adolescent development. *Global Journal of Community Psychology Practice, 2*, 1-12.

Submitted Manuscripts

- Anderson, R. E.,** Jones, S. C. T., & Stevenson, H. (under review). The initial development and validation of the racial socialization competency scale: Quality over quantity.
- Anderson, R. E.** & McBride Murry, V. (initiated; special issue). Introduction to an Applied Developmental Science spotlight series: Social justice frameworks to guide research, preventive interventions, and policies for diverse populations.
- Anderson, R. E.,** Metzger, I., Applewhite, K., Sawyer, B., Jackson, W., Flores, S., McKenny, M., & Carter, R. (revised). Hands up, now what?: Clinical and community studies and interventions to reduce race based traumatic stress across the developmental lifespan.
- Jones, S., **Anderson, R.,** Gaskin-Wasson, A., Sawyer, B., Applewhite, K., & Metzger, I. (revised). From “crib to coffin”: The navigation of healing from racial trauma throughout the lifespan of Black Americans.
- McKenny, M. & **Anderson, R.** (invited; under review). Interdisciplinary community-engaged research for mental health: Experiences with the development and implementation of the Engaging, Managing, and Bonding through Race intervention.

Works in Preparation

- Anderson, R.,** Jones, S. C. T., & Stevenson, H. (in preparation). Let's talk about stress baby: Bidirectional racial socialization conversations in Black families.
- Anderson, R.,** Jones, S. C. T., & Stevenson, H. (in preparation). The Racial Socialization Competency Scale (RaSCS) observational accompaniment.
- Jones, S. C. T. & **Anderson, R.** (in preparation). Our Mental Health Minute: A psychoeducational approach to reducing mental health stigma for Black Americans.
- Jones, S. C. T., **Anderson, R.,** Talley, L., & Stevenson, H. (in preparation). The Childhood Racial Socialization (CHRS) scale: Validation and acceptability.
- McKenny, M., Ahn, L., & **Anderson, R.** (in preparation). Intergenerational racial socialization patterns: Findings from a qualitative study of the EMBRace intervention.
- Saleem, F. & **Anderson, R.** (in preparation). Childhood racial trauma: A conceptual model for clinical symptomatology and treatment.

Chapters in Edited Collections

- Lewis, M. L., McConnico, N., & **Anderson, R. E.** (in press). Making meaning from trauma and violence: The influence of culture and traditional beliefs and historical trauma. *The Traumatic Impact of Exposure to Race-Based Violence on young Black male children*. In J. D. Osofsky & B. M. Groves, (Eds.), *Violence and trauma in the lives of children: 2 volumes*. (pp. XXX). Santa Barbara, CA, US.
- Mattis, J. S., Grayman Simpson, N., Powell-Hammond, W., **Anderson, R. E.**, Kimbro, L., & Mattis, J. H. (2016). Positive psychology in African Americans. In E. C. Chang, C. A. Downey, J. K. Hirsch, & N. J. Lin, (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, and practice*. Cultural, racial, and ethnic psychology book series, (pp. 83-107). Washington, DC, US: American Psychological Association.

Encyclopedia Entries

- Anderson, R. E.** (2016). Communities, neighbors, and families. In *The Encyclopedia of Family Studies*. (pp. 391-399). Oxford, UK: Wiley Blackwell.
- Anderson, R. E.**, McBride Murry, V., & McKenny, M. (2018). Racial and ethnic identity. In Bornstein, M. (Ed.) *The SAGE encyclopedia of lifespan human development* (pp. 1803-1805). Thousand Oaks, CA: SAGE Publications, Inc.

Other Works

- Anderson, R. E.** & Hussain, S. (2014). The role of discrimination in parental depression and child emotional problems among low-income Black families. *CYF News, American Psychological Association Children, Youth and Families Newsletter*, May 2014.
- Anderson, R.** (2013). Happy birthday Trayvon: The link between discrimination and child psychosocial outcomes. *The Rookie, SPSSI Student Newsletter, Spring 2013*, 8-9.

FELLOWSHIPS, HONORS, AND AWARDS

- Robert Wood Johnson Foundation - New Connections Bi-Annual Symposium Participant, 2018
- Society for Research in Child Development (SRCD) - Ethnic and Racial Issues Committee Grant Writing Bootcamp, 2017
- National Research Mentoring Network - Steps Toward Academic Research (STAR) Mentee, 2017
- SRCD - Horowitz Millennium Scholars Program (MSP) Mentor, 2017, 2015
- University of Pennsylvania, Graduate School of Education - Sadie Tanner Mossell Alexander Citation for Excellence in Leadership and Innovation, 2017
- Robert Wood Johnson Foundation - Culture of Health Leaders Fellowship (Inaugural Cohort), 2016
- University of Michigan Black Alumni Association - Making a Difference in Healthcare Award, 2016
- National Institute of Mental Health - Child Intervention, Prevention, & Services (CHIPS) Fellowship, 2016
- Association of Black Psychologists - Sage Student Research Award, 2015
- Ford Foundation Fellowship Program - Postdoctoral Award Recipient, 2015
- Alpha Kappa Alpha Educational Advancement Foundation, Inc. - Graduate Merit Scholarship, 2014
- United Martin Family Organization - Malverse Martin Graduate Scholarship Award, 2014
- American Psychological Association Division 45 (Culture, Ethnicity and Race) - A. Toy Caldwell-Colbert Student Contribution Service Award, 2014
- University of Virginia, Office of Graduate Diversity - Outstanding Graduate Student Award, 2014
- University of Virginia, Black Leadership Institute/NAACP - Outstanding Graduate Student Award, 2014
- Society for Research on Adolescence (SRA) - Junior Mentor, 2014
- University of Virginia, Graduate School of Arts and Sciences - Robert J. Huskey Travel Fellowship, 2013
- University of Virginia, The Seven Society - Graduate Service Award, 2012
- American Psychological Association Division 45 (Culture, Ethnicity and Race) - Conference Scholarship, 2012
- Institute of Education Sciences (IES), Virginia Education Science Training - Interdisciplinary Research Fellowship, 2012
- University of Virginia, Evolutionary and Ontogenetic Dynamics Course - LIFE Academy Fellowship, 2011
- University of Virginia, Center for Children, Families, and the Law - Buffett Fellowship, 2011
- University of Virginia, Office of Graduate Student Diversity - Diversity in Graduate Studies Fellowship, 2009
- University of Virginia, Department of Psychology - Dean's Office Fellowship, 2009

GRANTS

Current Funding

- Principal Investigator*, Robert Wood Johnson Foundation Anderson, R. (PI) 11/18-10/19
 Culture of Health Leaders Strategic Initiatives Project – *Funded* [\$35,000]
 This grant is designed to promote long-lasting sustainable shifts in practices, policies, programs, and the environment to advance health equity and build a Culture of Health in the community and the nation.
- Principal Investigator*, Society for Research in Child Development Anderson, R. (PI) 9/18-8/19
 Small Grant Pilot Research Award – *Funded* [\$7,500]
 This grant assists early career faculty to launch scholarly research with a focus on child development.
- Principal Investigator*, Robert Wood Johnson Foundation Anderson, R. (PI) 9/16-9/19
 Culture of Health Leaders – *Funded* [\$60,000]
 This grant will support leaders to participate in leadership development training and to collaborate and innovate to solve persistent health-related national challenges.

Completed Funding

- Co-Principal Investigator*, Society for Community Research and Action, Committee on Cultural, Ethnic, Racial Affairs Social Justice McKinney, M. (Lead Applicant) & Stevenson, H. (Co-PI) 10/16-10/17
 Racial and Social Justice Mini-Grant – *Funded* [\$500]
 This grant was submitted for Engaging, Managing, and Bonding through Race (EMBRace) and is intended for support of a racial and social justice project that promotes both the concerns and the training of students of color. Funds will be used to compensate participants for their transportation expenses.
- Co-Principal Investigator*, University Research Foundation, University of Pennsylvania Stevenson, H. (Co-PI) 7/16-8/17
 Spring 2016 University Research Foundation Grant – *Funded* [\$49,888]
 This grant supports the addition of a research program coordinator, research assistants, and participant incentives for the implementation and expansion of the EMBRace intervention.
- Data Consultant*, 84.215P - Department of Education, Office of Innovation and Improvement Ellis, G. (PI) 12/11-12/12
 Promise Neighborhood Planning Grant – *Funded* [\$470,259]
 This planning grant supported the creation of a continuum of services for children living in a low academically-performing neighborhood in Charlottesville through the City of Promise initiative. Funding contributed to a cradle to career support system for children to succeed in school, work, and life.
- Co-Author*, FAM-11-067 - Virginia Department of Social Services, Division of Family Services Ellis, G. (PI) 10/11-10/12
 Child Abuse and Neglect Prevention Program – *Funded* [\$45,213]
 The grant helped to bolster parenting skills in Black parents in order to prevent child abuse and neglect within a low-income neighborhood. The Effective Black Parenting Program was selected as a promising evidence-based treatment (EBT) that contributed to positive parenting practices through a 6-week course within the community.

Declined Funding

- Principal Investigator*, University of Southern California Anderson, R. (PI) 3/18
 James H. Zumberge Individual Research Pilot Award – *Awarded, Declined* [\$30,000]

Anticipated Funding

- Principal Investigator*, Michigan Center for Urban African American Aging Research Anderson, R. (PI)
 Pilot Scholar Mentoring and Funding Award [\$20,000]
- Principal Investigator*, Michigan Health Endowment Fund Anderson, R. (PI)
 Community Health Impact Grant [\$100,000]
- Principal Investigator*, National Institute on Minority Health and Health Disparities Anderson, R. (PI)
 Health Services Research on Minority Health and Health Disparities [~\$2,500,000]
- Principal Investigator*, University of Michigan - The Depression Center Anderson, R. (PI)
 Rachel Upjohn Clinical Scholars Award [\$50,000]
- Principal Investigator*, University of Michigan – Michigan Institute for Clinical & Health Research Anderson, R. (PI)
 Pathway to First Grant - Collaborative Research Approach [\$25,000]

CONFERENCE PRESENTATIONS

Workshops

Anderson, R. E. & McKenny, M. (April, 2018). *EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*. Workshop presented at the Black Communities Conference, Durham, NC.

Anderson, R. E. & McKenny, M. (February, 2017). *EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress*. Workshop presented at the Teachers College Winter Roundtable, New York, NY.

Papers

Anderson, R. E., McKenny, M., Talley, L., & Stevenson, H. (July, 2018). *EMBRacing our Academic Achievement: Out-of-School Interventions and Educational Outcomes for Black Adolescents*. In K. Minor (Chair) Contextual Assets in Early-Middle Adolescence: Promoting Positive Academic Outcomes presented at the International Society for the Study of Behavioral Development Conference, Gold Coast, Australia.

Anderson, R. E., Jones, S. C. T., Anyiwo, N., McKenny, M., & Gaylord-Harden, N. (April, 2018). *What's Race Got to Do with It? The Contribution of Racial Socialization to Black Adolescent Coping*. In J. Scott (Chair) Racial Coping Among Black and Latino Youth. Symposium presented at the Society for Research on Adolescence Conference, Minneapolis, MN.

Anderson, R., McKenny, M., Talley, L., & Stevenson, H. (January, 2018). *EMBRacing our Fears: A Racial Socialization Intervention Addressing Parental Concerns for Black Children*. In N. Anyiwo (Chair) To be Young & Black: Using Intervention to Examine How Black Parents and Youth Make Meaning of Racialized Experiences. Symposium presented at the Society for Social Work and Research Conference, Washington, DC.

Anderson, R. & Stevenson, H. (April, 2017). *EMBRacing Racial Socialization Strategies for the Intervention of Racial Stress and Trauma*. In R. Anderson (Chair) Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma across the Developmental Lifespan. Symposium presented at the Society for Research in Child Development Conference, Austin, TX.

Anderson, R. & Stevenson, H. (February, 2017). *EMBRacing New Strategies for the Measurement and Intervention of Racial Stress and Trauma*. In R. Anderson (Chair) Hands Up, Now What?: New Clinical and Community Interventions to Reduce Racial Stress and Trauma. Symposium presented at the Teachers College Winter Roundtable, New York, NY.

Anderson, R., Talley, L., McKenny, M., & Stevenson, H. (October, 2016). *The Trayvon Effect: An Intervention Addressing Mothers Concerns for Black Sons amid Heightened Discrimination*. In H. Stevenson (Chair) & E. Neblett (Discussant), Where is the Balm? - Racial Healing & Empowerment through Intervention. Symposium presented at the Society for Research in Child Development's Babies, Boys, & Men of Color Conference, Tampa, FL.

Anderson, R., Talley, L., McKenny, M. (July, 2016). *EMBRacing Black Familial Racial Stress: Improving Racial Socialization Competency*. In C. Jacobs (Chair) & D. Johnson (Discussant), Strategizing Race Conversations: Developing Racial Literacy for Youth. Symposium presented at the American Psychological Association's Division 45 Conference, Palo Alto, PA.

Anderson, R., Talley, L., Ahn, H. R. (April, 2016). *EMBRacing Racial Stress in Black Families: School, Community, and Family Ties within Interventions*. Roundtable presented at the International Network of Scholars, Washington, DC.

Anderson, R. (March, 2016). *EMBRacing Racial Stress in Black Families: Improving Competency in Racial Socialization Processes*. In A. Francois (Chair), #BlackLivesMatter: Can Adolescent Researchers Contribute To Racial Justice? Workshop presented at the Society for Research on Adolescence Conference, Baltimore, MD.

Anderson, R., Portnow, S., Hussain, S., Wilson, M., Shaw, D., & Dishion, T. (March, 2015). *In the eye of the Beholder: Reporter Differences in Low-Income Parenting Practices*. In F. Lozada (Chair), Broadening the Parenting Lens: Considering Ethnic Minority Parents in Current Parenting Models. Symposium presented at the Society for Research in Child Development Conference, Philadelphia, PA.

Anderson, R. (May, 2014). *And Still WE Rise: Poverty Risk, Parent-Child Relationships, and Child School Readiness Indicators in Urban Black Families*. Paper presented at the Black Graduate Conference in Psychology, Washington, DC.

Anderson, R. & Smith-Bynum, M. (March, 2013). *Train up a Child: Analyses of Racial Socialization, Parent-Child Relationship, and Adolescent Functioning in Black Families*. In M. Smith-Bynum (Chair) & V. Murry-McBride (Discussant), African American Parenting Under the Microscope: An Examination of Parenting Styles, Gender, and Racial Socialization. Symposium presented at the Society for Research on Adolescence Conference, Austin, TX.

Anderson, R. (August, 2013). *I Ain't Got No Worries: Sex Differences in Child Psychosocial Outcomes via Parental Discrimination and Functioning*. In A. Thomas (Chair) & W. Powell-Hammond (Discussant), Exploring their Lives: Possible Precursors of Violent Behavior in Black Men. Symposium presented at the American Psychological Association's Division 51 Conference, Honolulu, HI.

Anderson, R. (May, 2013). *Averting Pathways to Pain: Discrimination, Ethnic Identity, and Parenting in Black Low-Income Families* [C. Caldwell (Discussant)]. Paper presented at the LIFE Academy, Ann Arbor, MI.

Williams, J. L., Tolan, P. H., & **Anderson, R. E.** (April, 2013). *Positive Youth Development and Ethnic Identity in Adolescent Males: A Culturally-Integrated Approach*. In J. L. Williams (Chair), Linking Ethnic Identity And Positive Youth Development Among Diverse Groups. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

Anderson, R., Hussain, S., & Durkee, M. (October, 2012). *A Reflection of Me: Parental Overreactivity, Ethnic Identity, and Child Outcomes*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

Jones, S., **Anderson, R.**, Thomas, A., & Hussain, S. (July, 2012). *From Discrimination to Altercation: The Role of Coping on Black Adolescent Males' Aggression*. Paper presented at the Black Graduate Conference in Psychology, Los Angeles, CA.

Anderson, R. & Hussain, S. (May, 2012). *Averting Pathways to Pain: Ethnic Identity and Perceptions of Racial Discrimination*. In M. Durkee (Chair) & E. Neblett (Discussant), Perception & Contact: Implications of Adult Racial Perceptions and Experiences in Differing Groups. Symposium presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

Anderson, R. & Durkee, M. (May, 2012). *A Reflection of Me: Parental Overreactivity, Ethnic Identity, and Child Outcomes*. In A. Thomas (Chair) & C. Caldwell (Discussant), Fostering Positive Development, Fostering Strength: Parenting and Child Mental Health in African-Americans. Symposium presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

Anderson, R., Hill, J., Mance, G., & Smith, E. (July, 2011). *Black Power: The Impact of Ethnic Identification on Low-Income African American Parenting Style and Child Outcome*. In J. Hill (Chair) & E. Peters (Discussant), The Role of Ethnic Identity in Interventions to Promote Positive Adolescent Development. Symposium presented at the Society for Community Research and Action Conference, Chicago, IL.

Anderson, R. (June, 2011). *Demographic Influences on Parenting Style in Low-Income Families*. Paper presented at the Black Graduate Conference in Psychology, Miami, FL.

Anderson, R. & Nichols, T. (October, 2010). *Unheard Voices: Curriculum Recommendations for Diversity Inclusion in Psychology Training Programs*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

Lee, J., Durkee, M., Nichols, T., & **Anderson, R.** (October, 2010). *The Pain from Within: Implications of Intra-Group Racial Microaggressions in Higher Education*. Paper presented at the Institute for the Study and Promotion of Race and Culture Conference, Boston, MA.

Posters

Williams, A., Navarro, C., **Anderson, R.**, & DeVlyder, J. (October, 2018). *Procured to Protect and Serve: The Relationship between Perceptions of Police Interactions with Black Youth and Parental Mental Health*. Poster presented at the Healthy Teen Network Conference, San Diego, CA.

Martinez, S., Rhyne, I., & **Anderson, R.** (February, 2017). *EMBRacing One Another: Examining Racial Socialization Techniques in Black Families*. Poster presented at the Teachers College Winter Roundtable, New York, NY.

Wood, M., Suntheimer, N., Xue, Q., & **Anderson, R.** (February, 2017). *Racial Coping Skills and the Parent-Child Relationship: Observing Dynamic Shifts in Response to Racial Socialization*. Poster presented at the Teachers College Winter Roundtable, New York, NY.

McKenny, M., Mehta, T., Jang, J., Truskey, L., & **Anderson, R.** (October, 2016). *Engaging, Managing, and Bonding through Race (EMBRace): An Intervention to Reduce Racial Stress and Improve Family Relationships*. Poster presented at the Research, Policy, and Practice Conference of the School District of Philadelphia, Philadelphia, PA.

Koku, L. & **Anderson, R.** (September, 2016). *Am I Next?: Black Families Confront Racial Trauma in Clinical Intervention*. Poster presented at the Mellon Mays Undergraduate Research Program Research Day, Philadelphia, PA.

Smith-Bynum, M., **Anderson, R.**, & English, D. (August, 2014). *An Observational Study of Racial Coping in African American Mothers and Adolescents*. Poster presented through Division 45 at the American Psychological Association Conference, Washington, DC.

Anderson, R. (June, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the Society for the Psychological Study of Social Issues, Charlotte, NC.

Anderson, R. (June, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the Head Start Conference, Washington, DC.

Anderson, R. (May, 2012). *Demographic Influences on Parenting Style in Low-Income Families*. Poster presented at the LIFE Academy, Berlin, Germany.

Anderson, R. & Hussain, S. (March, 2012). *Averting Pathways to Pain: Ethnic Identity and Perceptions of Racial Discrimination*. Poster presented at the Huskey Research Symposium for Graduate Studies, Charlottesville, VA.

Anderson, R., Emeh, C., & Durkee, M. (February, 2012). *Ethnic Identity and Maternal Overreactivity as Protective Factors for Low-Income Black Families*. Poster presented at the Society for Research in Child Development's Positive Development of Minority Children Themed Meeting, Tampa, FL.

Anderson, R. (June, 2010). *Effects of Multiple Children on Black Parenting Style*. Poster presented at the American Psychological Association's Division 45 Conference, Ann Arbor, MI.

Crosby-Budinger, M. & **Anderson, R.** (March, 2009). *Project Care: Strong Families Project*. Poster presented at the Johns Hopkins Urban Health Institute's Reverse Research Day, Baltimore, MD.

Discussant/Moderator

Deutsch, N., Howard, L., Strambler, M., & Rivas-Drake, D. (March, 2015). "Why is a White Guy Interested in Racial Discrimination?": *The Role of the Researcher's Social Identity in Developmental Science*. Conversation Roundtable moderated by English, D. & **Anderson, R.** at Society for Research in Child Development Conference, Philadelphia, PA.

INVITED PRESENTATIONS

Keynote Speaker & Workshop Facilitator, Children's Hospital Los Angeles, June 24, 2018

EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress, UCEDD's Diversity Committee Annual Seminar: Working with Black and African American Communities: Exploring Racial Stress and Promoting Resiliency

Panelist & Workshop Facilitator, University of Michigan, April 6, 2018

EMBRacing Familial and Community Trauma: Strategies in Managing Racial Stress, School of Public Health, Public Health Students of African Descent Organization's Annual Conference

Keynote Speaker, Johns Hopkins University, November 8, 2017

"But Dad, Why Was He Shot"? *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Bloomberg School of Public Health, Department of Mental Health Faculty Seminar

Keynote Speaker, University of Pennsylvania, November 7, 2017

"But Dad, Why Was He Shot"? *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Graduate School of Education, WSDM Brown Bag Faculty Lunch Series

Keynote Speaker, Swarthmore College, November 6, 2017

Coping with the Racialized World: The Psychosocial Wellbeing of Black Youth and Emerging Adults, Black Cultural Center - Unity Hour Series

Keynote Speaker, Drexel University, November 6, 2017

A Conversation about Race, Cultural Equity, and Mutual Understanding, Underrepresented Minority Faculty Interest Group

Panelist, University of Southern California, September 13, 2017

Preparing for the Job Market: Materials, Interviews, Communication, and More, Professional Development Series

Keynote Speaker, Drexel University, April 11, 2017

A Conversation about Race, Cultural Equity, and Mutual Understanding, Underrepresented Minority Faculty Interest Group

Keynote Speaker, Haddington Public Library, December 15, 2016

Let's Talk About Race

Panelist, Rutgers University, November 30, 2016

The National Equity Atlas: Racial Socialization, Social-Economics, and your Community! Building a Culture of Health in New Jersey: Advancing the Population Health Agenda - New Jersey Culture of Health Conference

Keynote Speaker, Drexel University, November 21, 2016

EMBRacing New Strategies for the Clinical Intervention of Racial Stress and Trauma in Black Families, Center for Family Intervention Science and Couple and Family Therapy - Grand Rounds

Panelist, University of Pennsylvania, October 26, 2016

Strategies for Recognizing and Navigating Racial Stress and Trauma, Black Graduate and Professional Student Association - Community Healing Series

Keynote Speaker, Philadelphia Department of Behavioral Health, September 7, 2016

EMBRacing New Strategies for the Clinical Intervention of Racial Stress and Trauma in Black Families, Community Behavioral Health - Lunch & Learn Series

Keynote Speaker, Swarthmore College, March 1, 2016

"On February 26th, I Lost my Life Too": Healing From our Racial Stress and Trauma as a Family, Black Cultural Center - Unity Hour Series

Panelist, University of Michigan, June 6, 2015

Early Career Panel, Black Graduate Conference in Psychology

Panel Moderator, University of Virginia, March 27, 2014

Excellence in Diversity, Graduate Student Diversity Office

Panelist, University of Virginia, February 22, 2014

12 Years a Slave Film Discussion, University Programs Council

Panel Moderator, University of Virginia, August 24, 2013

Mind & Body: Tips for a Healthy Graduate Student Lifestyle, Graduate Student Diversity Retreat

Keynote Speaker, University of Virginia, March 23, 2012

Triple Jeopardy: What it Means to be an Educated Black Woman, Black Student Alliance - Ladies Cocktail Soiree

Panelist, University of Virginia, September 30, 2010

Race, Labor, & Public Policy in America: Post-Baccalaureate Opportunities in Public Policy, Class Matters Series

Panelist, Charlottesville High School, December 3, 2009

Black Vernacular English and Code-Switching

ACADEMIC PRESENTATIONS

Anderson, R. (November 1, 2018). *How Racial Socialization and the Psychosocial Well-Being of Black Youth is a Public Health Issue*, Guest Lecture, University of Michigan, Public Health 710: Roots of Health Inequity.

Anderson, R. (May 16, 2018). *Racial Socialization and Discrimination*, Guest Lecture, Stanford University, Psychology 286: The Psychology of Racial Inequality.

Anderson, R. (April 10, 2018). *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Guest Lecture, University of Southern California, Preventive Medicine 599: Health Disparities in the US.

Anderson, R. (February 20, 2018). *Racial Socialization and the Psychosocial Well-Being of Black Youth*, Case Conference, Children's Hospital Los Angeles, Project Heal Trauma Didactic Meeting.

Anderson, R. (February 27, 2017). *Science and the Media*, Guest Lecture, Fordham University, Applied Developmental Psychology Practicum.

Anderson, R. (August 4, 2016). *Racial Literacy: What is it and how do I get it?* Guest Lecture, University of Pennsylvania, Graduate School of Education and Philadelphia Teach For America.

Anderson, R. (June 15, 2016). *Train up a Child*, Guest Lecture, University of Pennsylvania, African Studies 542: Psychology and Counseling of the African American.

Anderson, R. (March 29, 2016). *Train up a Child*, Guest Lecture, University of Pennsylvania, African Studies 542: Psychology and Counseling of the African American.

Anderson, R. (November 2, 2015). *The Accidental Academic*, Guest Lecture, University of Pennsylvania, Education 860: Proseminar in Human Development.

Anderson, R. (April 27, 2015). *Externalizing in Adolescent Girls*, Clinical Case Presentation, Yale University, West Haven Mental Health Clinic Child and Adolescent Service Seminar.

- Anderson, R.** (September 12, 2013). *And Still WE Rise: Poverty Risk, Family Resilience, and Child School Readiness in Urban Black Families*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (May 29, 2013). *Parenting in Context: Parents Just Don't Understand*, Guest Lecture, University of Virginia, Interdisciplinary Studies 3461: Lifespan Development.
- Anderson, R.** (April 8, 2013). *DEFENSE*, Clinical Case Presentation, University of Virginia, CAPS Psychodynamic Workshop.
- Anderson, R.** (February 23, 2013). *Like Mother, Like Daughter*, Clinical Case Presentation, University of Virginia, CAPS Psychodynamic Workshop.
- Anderson, R.** (October 23, 2012). *Black Love: Parenting and Child Outcomes in Black Families*, Guest Lecture, University of Virginia, Psychology 4559: Contemporary Parenthood.
- Anderson, R.** (April 13, 2012). *Demographic Influences on Parenting Style in Low-Income Families, Part II*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Cultural and Family Studies Laboratory (April, 2012). *The Impact of Ethnicity and Ethnic Identity on Parenting and Child Outcomes*, Research Symposium, University of Virginia, Current Topics in Community Psychology.
- Anderson, R.** (September, 2011). *Trial by Fire: Putting Clinical Methods and Ethics to the Test*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (April 27, 2011). *Demographic Influences on Parenting Style in Low-Income Families*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (April 25, 2011). *Stereotypes of a Black Male Misunderstood...and it's still all good*, Guest Lecture, University of Virginia, Psychology 2700: Intro to Child Psychology.
- The Psychology Department's Diversity Committee (March 17, 2011). *Mixing the Paint: Diversity in Research and Ethical Requirements*. Research Symposium University of Virginia, Current Topics in Community Psychology Lunch.
- Anderson, R.** (December 13, 2010). *Location, Location, Location: Ethnicity and Overreactive Parenting Style*, Guest Lecture, University of Virginia, Psychology 3005: Research Methods & Data Analysis I.
- Anderson, R.** (September 16, 2010). *Minority Report: The Effects of Multiple Children on Parenting Style*, Guest Lecture, University of Virginia, Psychology 8460: The Minority Family.
- Anderson, R.** (October 5, 2010). *Unheard Voices: Curriculum Recommendations for Diversity Inclusion in Psychology Training Programs*, Research Presentation, University of Virginia, Current Topics in Community Psychology Lunch.

TEACHING AND FACILITATION EXPERIENCE

Teaching*

- Primary Instructor, University of Southern California, Winter, 2018
Social Work 608: Research and Critical Analysis for Social Work with Children and Families
- Primary Instructor, University of Southern California, Fall, 2017
Social Work 546: Research Methods
- Teaching Assistant [Co-Developer], University of Virginia, Fall, 2013
Psychology 7740: Practicum to Clinical Intervention and Multicultural Issues, Dr. Patricia Llewellyn
- Teaching Assistant [Lab Instructor], University of Virginia, Spring 2012; Spring, 2010
Psychology 3005: Research Methods & Data Analysis I, Dr. Amori Mikami; Dr. James Freeman
- Teaching Assistant [Lab Instructor], University of Virginia, Fall 2011
Psychology 3460: Children, Families, and the Law, Dr. N. Dickon Reppucci
- Teaching Assistant [Discussion Instructor], University of Virginia, Spring 2011
Psychology 2700: Introduction to Child Psychology, Dr. Charlotte Patterson
- Teaching Assistant [Review Instructor], University of Virginia, Spring 2010
Psychology 1010: Introduction to Psychology, Dr. Jonathan Haidt
- Teaching Assistant [Review Instructor], University of Virginia, Fall 2009
Psychology 2400: Personality Psychology, Dr. Patricia Llewellyn

*Course evaluations available upon request

Facilitation

Facilitator, Robert Wood Johnson Foundation, Spring 2018

Health Policy Research Scholars - Expressing Identity: Why Who I am Impacts What I Do

Facilitator, University of Southern California, Fall 2017-Spring 2018

Black Minds Matter

Facilitator, Prep for Prep, Summer 2017

College Transition Retreat - Under Pressure: Stress, Coping, and Cultural Considerations

Facilitator, University of Pennsylvania, Fall 2015-present

Racial Empowerment Collaborative - EMBRace Clinician Training; Racial Literacy Training

Facilitator, Yale University School of Medicine/The Consultation Center, Spring 2015

Department of Mental Health Services Prevention Training - Prevention Groupwork with Adolescent Girls

Facilitator, Young Black Professional Network of Charlottesville, Spring 2014

Umoja Self-Love Symposium - Engaging in Healthy Adolescent Relationships

Facilitator, City of Charlottesville, Spring 2012; Winter 2010

Dialogue on Race

RESEARCH EXPERIENCE

Robert Wood Johnson Foundation Culture of Health Leader

September 2016-present

Principal Investigator

August 2018-present

University of Michigan, School of Public Health, Health Behavior & Health Education Department, Ann Arbor, MI
Implement a 5-session family and culturally-based intervention (EMBRace: Engaging, Managing, and Bonding through Race) in Detroit and develop comparative studies to establish efficacy of the intervention relative to other treatments. Develop and mentor research staff and students through data analysis, manuscript preparation, and grant proposals. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

Principal Investigator

August 2017-August 2018

University of Southern California, Suzanne Dworak-Peck School of Social Work, Children, Youth, and Families Department, Los Angeles, CA

Implement a 5-session family and culturally-based intervention (EMBRace: Engaging, Managing, and Bonding through Race) in Los Angeles and develop comparative studies to establish efficacy of the intervention relative to other treatments. Develop and mentor research staff and students through data analysis, manuscript preparation, and grant proposals. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

Ford Foundation Postdoctoral Fellow

July 2015-June 2016

University of Pennsylvania, Graduate School of Education, Applied Psychology & Human Development Division, Philadelphia, PA

Mentor: Dr. Howard Stevenson

Research the dyadic nature of racial socialization in Black families to assess competence of transmission and familial functioning through the Racial Empowerment Collaborative (REC). Develop and implement EMBRace to investigate how racial socialization practices, family functioning, psychosocial well-being, and academic achievement change over the course of the intervention. Assess whether EMBRace reduces racial stress and trauma for both parent and child through quantitative, qualitative, observational, and physiological analyses.

Predoctoral Psychology Fellow

July 2014-June 2015

Yale University School of Medicine, The Consultation Center, Department of Psychiatry, New Haven, CT

Advisors: Drs. Nadia Ward & Derrick Gordon

Conducted, coded, and analyzed qualitative interviews focused on maternal stress and coping with mothers of adolescents within the Connecticut Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) study and evaluated program effectiveness regarding adolescent psychosocial and academic outcomes. Led and created curriculum for a positive youth development (PYD) intervention (Choosing

Healthy Alternatives Making Positive Steps; CHAMPS) with adolescents at an alternative high school to encourage better decision making and academic and psychosocial well-being.

Graduate Student Researcher

January 2013-June 2014

University of Virginia, Promoting Healthy Adolescent Development Laboratory, Psychology Department, Charlottesville, VA

Advisor: Dr. Noelle Hurd (Dissertation Committee)

Participated in the creation of the Developing Resourcefulness, Engagement, Acceptance, and Mentoring (DREAM) intervention and prevention study for at-risk middle-school students regarding achievement and non-parental adult mentors. Co-developed sessions in the eight-session intervention on identity development and goal achievement, created and researched appropriate measures for assessment, and piloted the interviews.

Fellow, Graduate Student Researcher

August 2012-June 2014

Institute of Education Sciences (IES) - Virginia Education Science Training (VEST) - University of Virginia, Center for the Advanced Study of Teaching and Learning (CASTL), Charlottesville, VA

Advisors: Drs. Nancy Deutsch (Dissertation Co-Chair), David Grissmer, & Claire Cameron

Investigated cultural and contextual components of child academic and psychosocial outcomes in the WINGS for Kids social and emotional learning program, an intervention aimed to improve low-income children's ability to form positive relationships and make good decisions. Administered cognitive assessments and conducted family interviews in Charleston, SC. Wrote dissertation and manuscripts on culturally protective factors and coded and redeveloped qualitative interviews.

Graduate Student Researcher

April 2010-June 2014

University of Virginia, Race/Ethnicity/Culture Laboratory, Curry School of Education, Charlottesville, VA

Advisor: Dr. Joanna Lee Williams (Dissertation Committee)

Studied the relationship between PYD and adolescent ethnic identity (EID) in low-income, minority youth. Investigated the impact of racial and ethnic socialization on adolescent and young adult identity. Evaluated the impact of intra-group racial microaggressions through focus groups and interviews. Co-authored two manuscripts regarding PYD and EID in Black and Latino adolescent development.

Graduate Student Researcher

August 2009-June 2014

University of Virginia, Cultural and Family Studies Laboratory, Psychology Department, Charlottesville, VA

Advisor: Dr. Melvin Wilson (Dissertation Co-Chair)

Investigated parenting style and child outcomes of low-income families participating in the Early Steps Project, a longitudinal problem behavior intervention. Led various aspects of study analyses, including research formation, data analyses, and authorship of two manuscripts. Evaluated parenting style modification through intervention and the impact of sociodemographic variables (i.e. gender, income, residential location) on parenting style and subsequent child psychosocial outcomes.

Fellow, UVA Representative

August 2011-May 2013

International Max Planck Research School on the LIFE Course - University of Virginia, Evolutionary and Ontogenetic Dynamics Program, Charlottesville, VA

Co-Chair: Dr. John Nesselrode

Engaged in intensive study of systematic longitudinal changes in human behavior. Focused on integrative, interdisciplinary, and international approaches and methodology combining evolutionary, ontogenetic, and historical perspectives in studying individuals' development. Participated in biannual academies emphasizing statistical and methodological techniques for longitudinal research.

Research Assistant

June 2009-August 2009

Children's National Medical Center, Neuropsychology Lab, Division of Pediatric Neuropsychiatry, Washington, DC

Supervisor: Dr. Karin Walsh, PI: Dr. Gerard Gioia

Conducted research for a pilot study that measured the executive functioning of pediatric cancer and traumatic brain injury patients. Responsibilities consisted of conducting literature reviews and composing introduction and methods sections for a manuscript. Participated in neuropsychology journal club and shadowed pediatricians specializing in neurological disorders. Contacted patients to administer working memory and attention tests.

Research Program Assistant

September 2008-May 2009

Johns Hopkins University School of Medicine, Strong Families Project, Child and Adolescent Psychiatry, Baltimore, MD

Supervisor: Dr. Courtney Keeton, PI: Dr. John Walkup

Conducted research for various youth intervention studies. Utilized Community Based Participatory Research (CBPR) to help develop a faith- and community-based manualized group treatment of early child behavior problems in African American families attending Baltimore churches. Created SPSS databases and entered data for treatment study of selective mutism. Performed literature searches for manuscripts and presentations on child anxiety.

CLINICAL EXPERIENCE

Postdoctoral Fellow

March 2016-July 2018

University of Pennsylvania, Applied Psychology Division/ Harrity Upper School, Philadelphia, PA

Direct and supervise the EMBRace intervention at urban middle school. Train master's level Counseling Psychology students on the protocol regarding culturally-relevant and family-based content, process, and delivery. Serve as clinician to families in the EMBRace program which aims to reduce racial stress and trauma in Black families.

Predoctoral Fellow

July 2014-June 2015

Yale University School of Medicine, The Consultation Center; West Haven Mental Health Clinic, New Haven, CT

Provided therapy for children, adolescents, adolescent groups, and family cases in community-based clinic and high school settings. Delivered a 12-session parent intervention (Parenting from the Inside Out; PIO) focusing on mentalizing in order to reduce stress in parents within community-based clinic. Facilitate weekly group sessions with adolescents in high school setting. Weekly caseload includes up to 13 individuals, families, and groups. Receive three weekly supervision sessions.

Graduate Student Therapist

September 2009-May 2014

University of Virginia, Mary Ainsworth Clinic, Department of Psychology, Charlottesville, VA

Assessed adults and youth on various measures (e.g., WISC-IV, WAIS III & IV, WMS IV, WJ III-C;-A, Rorschach, MMPI;-A, PAI, BASC-2, CCP-T, CBCL, Brown's Adolescent ADHD, etc.) and wrote 1 adult and 5 youth integrated reports. Conducted intakes and utilized assessments, evidenced-based practices, and empirically-supported treatments (e.g., CBT, IPT, etc.) for client improvement typically focusing on internalizing problems. Received weekly individual or group supervision and participated in peer supervision.

Practicum Student Therapist

August 2012-May 2013

University of Virginia, Elson Student Health Center, Counseling and Psychological Services (CAPS), Charlottesville, VA

Conducted individual therapy with older adolescents and young adults through psychodynamic and CBT brief-treatment. Maintained a caseload of eight clients with two weekly supervision sessions. Completed weekly intakes and reports for continued services or referrals and collaborated with health-care providers on team to effectively treat clients experiencing a range of problems (e.g., Borderline Personality Disorder, PTSD, acculturation, etc.). Assisted in multicultural outreach in conjunction with the CAPS Multicultural Specialist and the Office of African American Affairs to promote services for Black students. Presented cases in psychodynamic and training workshops.

Graduate Intern

June 2012-August 2012

Edward C. Mazique Parent Child Center (Head Start), Washington, DC

Delivered culturally-specific parenting workshops, conducted play therapy, and evaluated children's behaviors and emotions through observation and parent and teacher assessment (i.e., BRIEF, PreBERS). Served low-income families through family therapy and staff consultative services at Early/Head Start facility, with youth ranging in age from 6 months to 5 years old. Researched and encouraged parenting strategies related to African American, Ethiopian, and Hispanic cultures. Researched interventions improving positive behavior support for multiple systems (e.g., parent, teacher, and child) to reduce externalizing problem behaviors in children.

Practicum Therapist

August 2011-May 2012

Lafayette School and Treatment Center, Charlottesville, VA

Co-led group and family therapy and conducted individual therapy with up to 15 child and adolescent clients with varying internalizing and externalizing disorders with cumulative environmental problems. Group and individual therapy targeted anger management, problem solving and decision-making skills, and social skills training. Family therapy focused on individuation, enmeshment, and roles within the family. Overall milieu

therapy was conducted throughout the academic and programmatic portions of the day, and management of mental health problems was taught during Life Skills classes.

ACADEMIC SERVICE

- American Psychological Association's Racial and Ethnic Socialization Initiative: RESilience - Visiting Scholar, Blogger
- Journal of Child Development - Reviewer
- Journal of Cultural Diversity and Ethnic Minority Psychology - Reviewer
- Journal of Developmental Psychology - Reviewer
- Journal of Family Psychology - Reviewer
- Journal of Negro Education - Reviewer
- Journal of Research on Adolescence - Reviewer
- Society for Research on Adolescence - Emerging Scholars Blogger; Early Career Committee
- Society for Research in Child Development Conference - Race, Ethnicity, Culture, and Context Panel Reviewer; Early Career Committee of the Special Topics in Character Development

GRADUATE SERVICE

- 2018 *Member*, Guidance Committee - Adrianna Elizabeth Crossing, M.A.; Michigan State University, School Psychology; Counseling, Educational Psychology, and Special Education Department
- 2018 *Member*, Qualifying Exam Committee - Joshua Schuschkle, M.A.; University of Southern California, Rossier School of Education
- 2018 *Member*, Dissertation Committee - Dara Winley, Ph.D.; Drexel University, Couple and Family Therapy Department; College of Nursing and Health Professions

SELECTED MEDIA

- [-Engaged UVA | Alumni Spotlight - Research and Teaching in Partnership with Communities | Fall, 2018](#)
- [-The Pennsylvania Gazette | Racial Rapport 101 | June 22, 2018](#)
- [-The Notebook | Depression Varies among Racial Groups | March 21, 2018](#)
- [-Black People Heal | Therapy for Black Families | February 1, 2018](#)
- [-BuzzFeedNews | Beyond Dope | October, 8, 2017](#)
- [-American Psychological Association | But Daddy, Why Was He Shot? How to Talk to Children about Race Today | July 26, 2017](#)
- [-Brown Skin Women | The Face of Depression | June 19, 2017](#)
- [-PennGSE Newsroom | Racial Empowerment Collaborative Helps Families Confronting Racism | June 16, 2017](#)
- [-NPR & WHYY | Embracing New Approach, African-American Families Help Kids Deal with Racism | June 15, 2017](#)
- [-Blavity | 4 Dope Mental Health Media Scholars Team Up to Break Stigma | May 1, 2017](#)
- [-CurlyNikki | How Two Black Psychologists Are Changing the Way We Talk about Mental Health | April 12, 2017](#)
- [-Medium \[@rianaelyse\] | Keep Austin... White? | April 9, 2017](#)
- [-PennGSE Newsroom | Anderson and Jones Host "Our Mental Health Minute" Series on YouTube | April 6, 2017](#)
- [-Philadelphia Family – Main Line Parent | Why—and How—to Talk to Your Kids About Race | Spring, 2017 – Issue 9](#)
- [-Huffington Post | How These Psychologists Are Prioritizing Mental Health Care for Black America | March 28, 2017](#)
- [-WURD – The Lounge | Mental Health among Black Millennials | May 8, 2017](#)
- [-EmbraceRace on Medium \[@rianaelyse\] | "That...is the real world..." | February 27, 2017](#)
- [-Philadelphia Weekly | Does Being Black in America Require Therapy? | August 10, 2016](#)
- [-Multicultural Family Man Podcast | Psychology & Reducing Race-Related Stress | May 29, 2016](#)

PROFESSIONAL AND ORGANIZATIONAL MEMBERSHIPS

- American Psychological Association - Member
 - Division 9: The Society for the Psychological Study of Social Issues - Member
 - Division 45: Society for the Psychological Study of Ethnic Minority Issues - Member
 - Division 53: Society of Clinical Child & Adolescent Psychology - Member
- American Public Health Association - Member
- Genesis Healing Institute - Board Chair
- Robert Wood Johnson Foundation Health Policy Research Scholars - Coach

Society for Research on Adolescence - Member
 Society for Research in Child Development - Member
 Society for Social Work Research – Member
 University of Michigan
 -Center for Human Growth and Development - Member
 -Depression Center - Member
 -The Program for Research on Black Americans - Affiliate
 -Urban Research Center - Community-Academic Research Network Member

EMPLOYMENT EXPERIENCE

- Consultant* June 2018-present
 EmbraceRace, Amherst, MA
 Develop curriculum regarding racial conversations with adults and youth with a team of racial socialization experts. The curriculum will be aimed at parents, but will benefit many non-parent adult caregivers, of birth-8th grade children of all racial identities. It will be organized around the two main pillars of EmbraceRace's work generally (Resources and Community Building) and include an interactive and multimedia range of online and offline activities.
- Consultant* August 2015-present
 Racial Empowerment Collaborative, University of Pennsylvania, Philadelphia, PA
 Develop and facilitate workshops and process-oriented groups regarding racial stress and trauma with organizations (e.g., KIPP, Mastery Charter Schools, Michigan State University, Teach For America, The Philly Food Trust, etc.). Guide participants through their organizational and personal response to current racialized events with a goal of better preparing staff to interact with and support youth.
- Consultant, Graduate Intern* May 2010-June 2014
 University of Virginia, University and Community Action for Racial Equity (UCARE), Charlottesville, VA
 Conducted research on effective multicultural and community training techniques for student and community organizations. Developed a training program for organizations at the University of Virginia to become competent in practices that support and foster inclusive environments, particularly as it relates to race, ethnicity, and culture, with a special emphasis on cross racial dialogue. Facilitated training in workshops and consulted others on their delivery.
- Buffett Fellow, Graduate Intern* May 2011-May 2012
 City of Promise Initiative, Charlottesville/Albemarle Commission on Children and Families (CCF), Charlottesville, VA
 University of Virginia, Center for Children, Families, and the Law (CCFL), Charlottesville, VA
 Conducted CBPR and Motivational Interviewing (MI) within a public housing facility to motivate families towards participation in services. Created a needs assessment survey to gauge unmet needs of families regarding child and neighborhood services. Researched empirically-based culturally-specific parenting interventions to improve parent skills and child outcomes. Assisted in writing two funded grants totaling over \$500,000 through the Virginia Department of Social Services Division of Family Services' Child Abuse and Neglect Prevention Program and the Department of Education's Promise Neighborhood Grant.
- Program Coordinator* May 2010-August 2010
 University of Virginia, Summer Undergraduate Research Program (SURP), Charlottesville, VA
 Coordinated programming for SURP, an internship for diverse college juniors conducting research with Educational Psychology faculty and students. Organized weekly activities and meetings and conducted a workshop on conference presentations. Assisted in poster development and presentation, facilitated journal club meetings, and provided guidance for the graduate application process.
- Research Program Assistant* Sep 2008-May 2009
 Johns Hopkins University, School of Medicine, Child and Adolescent Psychiatry, Baltimore, MD
 *Please see research experience for description.
- Program Specialist* August 2008-January 2009
 Achieve Tutoring, Washington, DC

Created curriculum designed to enhance test performance of students within Washington, DC public schools (DCPS) through Achieve Tutoring, a No Child Left Behind government-sponsored Supplemental Educational Services (SES) tutoring vendor. Collected data on student performance within DCPS on academic standards and effective learning tools for student instruction and created the program's scope and sequence based on DCPS standards.

Elementary Teacher

June 2006-June 2008

Teach For America, Atlanta Public Schools, Grove Park Elementary School, Atlanta, GA

Taught reading, language arts, social studies, and science at a low-performing public school through Teach For America, an organization focused on eliminating the achievement gap within education. Responsibilities included researching, creating, and implementing strategies of academic and social success through instruction and tutoring, behavior management, and cultural and social development. Served on the Black History program and Career Day committees and coached the basketball teams.

REFERENCES*

[Professional] Cleopatra Caldwell, Ph.D. Professor; Chair University of Michigan School of Public Health Health Behavior & Health Education 1415 Washington Heights Ann Arbor, MI 48109 (734) 763-7031 cleoc@umich.edu	[Research] Nancy Deutsch, Ph.D. Associate Professor University of Virginia Curry School of Education Ruffner Hall 222 P.O. Box 400277 Charlottesville, VA 22904 (434) 924-0815 nancyd@virginia.edu	[Research/Clinical/Teaching] Howard Stevenson, Ph.D. Professor University of Pennsylvania Graduate School of Education - Applied Psychology 3720 Walnut Street Office B20 Philadelphia, PA 19104 (215) 898-5666 howards@upenn.edu	[Research/Clinical/Consultation] Nadia Ward, Ph.D. Associate Professor Yale University School of Medicine Department of Psychiatry - Division of Prevention & Community Research The Consultation Center 389 Whitney Ave. New Haven, CT 06511 (203) 789-7645 nadia.ward@yale.edu
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*Additional references available upon request